



# Ideas for Girl Scout Cadettes

FORT TICONDEROGA  
AMERICA'S FORT™

## Journeys:

**It's Your World Change it– aMAZE: The Twists and Turns of Getting Along:** Learn about historic stereotypes and the difficulties American troops from different colonies experienced in 1776. Explore the conflicts between troops different regions of the new United States of America,

How can we learn from their accomplishments and mistakes?

## Badges:

**Night Owl:** Your Troop can spend the night at Fort Ticonderoga! Explore Ticonderoga's history at night, sleep in the Barracks of this historic fort, and learn about the lives of soldiers at Fort Ticonderoga. For more information on reserving an overnight experience for your troop, check out this link:

<http://www.fortticonderoga.org/education/scouting>

**New Cuisines:** Explore the Camp Kitchen at Fort Ticonderoga, and help the soldiers cook lunch. Look at their different methods of cooking, and how they make food with ingredients that are seasonally available, and with the equipment they had access to. Think of ways you could make your favorite recipes with simpler appliances. Could you do it?

## Other Ideas:

**Silver Award:** If you have a passion for history, Fort Ticonderoga is interested in working with you on your Silver Award! If you are interested, please contact Judy Contompasis, School and Youth Programs Coordinator, at [jcontompasis@fort-ticonderoga.org](mailto:jcontompasis@fort-ticonderoga.org), or 518-585-6370